December 14, 2020

The Honorable Mitch McConnell Majority Leader 317 Russell Senate Office Building Washington, D.C. 20510

The Honorable Nancy Pelosi Speaker 1236 Longworth House Office Building Washington, D.C. 20515 The Honorable Chuck Schumer Minority Leader 322 Hart Senate Office Building Washington, D.C. 20510

The Honorable Kevin McCarthy Minority Leader 2468 Rayburn House Office Building Washington, D.C. 20515

## RE: Support for provisions to allow telemedicine prescribing of controlled substances

Dear Majority Leader McConnell, Minority Leader Schumer, Speaker Pelosi, and Minority Leader McCarthy:

As you negotiate the final terms of year-end spending and COVID relief packages, we urge you to include an important bipartisan provision to continue to allow telemedicine prescribing of controlled substances through at least the end of calendar year 2021. We represent provider, patient, and public health organizations advocating to ensure access to needed medications for behavioral health conditions. Telehealth is a critical tool to increase access to behavioral health services, particularly during the COVID-19 pandemic and the ongoing addiction epidemic. Congress and federal agencies have taken important actions this year to provide policy flexibilities to ensure patients have access to appropriate telebehavioral health services during the public health emergency. It is critical that these flexibilities remain in place for a stable period of time while more permanent policies are determined.

We would be pleased to work with you to enact more permanent policies to ensure access to behavioral health services via telehealth to address the opioid epidemic and other behavioral health conditions. In the meantime, we urge immediate support of a specific temporary policy that is currently under consideration and has already received the endorsement of a bipartisan group of lawmakers.

We urge Congress to extend the Drug Enforcement Administration (DEA) waiver of the prior in-person requirement before telemedicine is allowed for prescribing of controlled substances under the Ryan Haight Act through the end of 2021. The DEA has waived this requirement for the duration of the COVID-19 Public Health Emergency (PHE).<sup>1</sup> To provide stability and time for work on a more permanent policy, the waiver should be extended at least until the end of 2021. This provision is included in the \$908 billion Bipartisan Emergency COVID Relief Act of 2020.

<sup>&</sup>lt;sup>1</sup> <u>https://www.deadiversion.usdoj.gov/coronavirus.html</u>

Thank you for your leadership addressing the simultaneous public health crises of the COVID-19 pandemic and the addiction epidemic.

Sincerely,

- Alliance for Aging Research Alliance for Connected Care American Association of Nurse Practitioners American Psychiatric Association American Telemedicine Association Association for Behavioral Health and Wellness Bluebonnet Trails Community Services Brave Health Centerstone Children's Hospital of Philadelphia College of Psychiatric and Neurologic Pharmacists InnovaTel Telepsychiatry InSight + Regroup The Kennedy Forum Magellan Health National Council for Behavioral Health Pine Rest Christian Mental Health Services **Recovery Centers of America** Schizophrenia and Related Disorders Alliance of America Teladoc Health
- Telebehavioral Health Institute