

## Open Letter to U.S. State and Federal Policymakers

### *Consensus Principles on Telehealth Across State Lines*

*January 2021*

Patients have long traveled across state lines for specialty care, but the COVID-19 pandemic has demonstrated that this care, particularly delivered through telehealth, can also help alleviate access issues in many other areas of health care. Looking beyond the public health emergency, one important way policymakers and health care regulators can permanently facilitate access to care is by allowing providers and patients to connect with each other regardless of their physical location. The following organizations, representing consumers, health care professionals, health systems, large employers, and others urge you to give your citizens access to, and choice of, health care wherever they reside through the facilitation of telehealth across state lines. Below are consensus principles that can guide policymaking:

#### Supporting Patients

- We recognize that patients and their families must sometimes travel across state lines to seek care not available where they reside;
- We further recognize that the national experience during COVID-19 has clearly demonstrated an opportunity for telehealth and technology-enabled health care to meet many health needs remotely, including over significant distance;
- We acknowledge that the health care demands of the COVID-19 pandemic have exposed many barriers to patient access posed by the significant fragmentation of state practice laws and regulations;
- We further acknowledge that patients who lack access to broadband or high-speed internet may not be able to take full advantage of certain telehealth services, and those patients underscore the need for both continued flexibility and infrastructure investment;
- We believe that, while care across state lines to secure health care may be necessary in any number of circumstances, it can be critically important for individuals who require specialized care, have mobility challenges, or have significant geographic distances from the care they need; and
- We believe that a flexible telehealth workforce can help increase access to care for the underserved and when there is not access to an adequate clinician workforce – meeting needs for care ranging from primary care and behavioral health services to complex subspecialty care.

### Empowering Health Care Professionals

- We affirm that all health care professionals must maintain professional licensure and practice standards including successfully passing licensing examinations and maintaining continuing education requirements;
- We attest to the importance of health care professional compacts which facilitate safe, accountable care delivery across state lines with minimal unnecessary barriers through mutual recognition of licensure;
- We believe that expanding the ability for licensed clinicians to provide patient care when and where it is most needed would benefit both patients and the health care system; and
- We support efforts to simplify and accelerate health professional licensure recognition across state lines, through efforts that could be enacted under state authority.

### Calling for State Leadership with Federal Support

- We recognize the leadership of many governors and state health professional boards in temporarily waiving or modifying barriers to providing care across state lines during COVID-19;
- We affirm the authority of state governments, state licensure laws and the ongoing oversight by state clinical occupational boards, to protect public health, wellness, and safety;
- We encourage states to expand their participation in those health professional compacts that allow for mutual recognition of licensure among states; and
- We call on governors and state legislatures to work with health experts to implement solutions that allow for the safe and accountable mutual recognition of health professional licensure among states, thereby providing their citizens with more access to and choice of care.

**ENDORSED**

Alliance for Aging Research  
Alliance for Connected Care  
ALS Association  
American Academy of Neurology  
American Association of Nurse Practitioners  
American Childhood Cancer Organization  
American Parkinson Disease Association  
American Physical Therapy Association  
American Urological Association  
Amwell  
Ascension  
Association for Behavioral Health and Wellness  
CirrusMD Inc.  
Columbia University Irving Medical Center  
Consumer Choice Center  
CoverMyMeds  
Davis Phinney Foundation  
Dayamed  
Empower Health & Wellness  
Forward  
Hawaii Parkinson Association  
Higi sh LLC  
Infectious Diseases Society of America  
Intermountain Healthcare  
Johns Hopkins Medicine  
Kohnling, Inc.  
MedStar Health  
National Association of Social Workers  
National Organization for Rare Disorders  
Nemours Children's Health System  
National Committee for Quality Assurance  
Parkinson & Movement Disorder Alliance  
Philadelphia Neurological Society  
Stanford Health Care  
The Michael J. Fox Foundation for Parkinson's Research  
The Parkinson Alliance  
The Parkinson's Unity Walk  
URAC  
Women Neurologists Group