Patients and Practitioners Alike See Advantages to Telehealth

Poll of patients and health care providers shows telehealth is crucial in maintaining and strengthening our health care workforce. Practitioners say telehealth can reduce clinician burnout while both patients and clinicians want more access to health care across state lines.

Telehealth is Expanding Health Care Access

This poll reinforces that telehealth has been a crucial tool in expanding care during the pandemic. It also shows that telehealth can address soaring behavioral health needs, meet patients in their homes, and reduce wait times for patients.

Almost 3 in 4

of Americans “strongly agree” or “somewhat agree” that patients should have the option to receive telehealth. Recent telehealth patients are even more inclined to agree.

96% of health care practitioners say that telehealth makes health care more accessible for patients.

89% of health care practitioners say telehealth is valuable for reaching vulnerable patients.

Telehealth Can Help Support and Retain the Health Care Laborforce

The last two years have resulted in stress and burnout across the labor force – and it is widely known that health care practitioners in particular have faced significant challenges.

91% of practitioners say telehealth has allowed for greater flexibility to meet the needs of both patients and health care practitioners and:

agree that they should continue to have the option to deliver virtual care after the pandemic.

93% of practitioners agree they should have the opportunity to provide telehealth services from their home when clinically appropriate.
of health care practitioners agree that retaining the option to provide virtual care from a location convenient to the practitioner would “significantly reduce the challenges of stress, burnout, or fatigue” facing their profession.

As a result, 8 in 10 practitioners say that retaining telehealth for health care practitioners would make them, personally, more likely to continue working in a role with such flexibility.

Expanding Access and Workforce Across State Lines

During the COVID-19 pandemic all states expanded the ability for practitioners to practice across state lines – expanding health care provider capacity and increasing access for patients.

1 in 5 practitioners provided health care services across state lines under a waiver since the pandemic began.

64% of health care providers of health care providers say rolling back actions allowing cross-state care will reduce patient access to health care.

8 in 10 telehealth patients support the option to receive telehealth services from health care practitioners across state lines.

84% of practitioners support the option to provide telehealth across state lines.

Methodology: These polls were conducted by Morning Consult on behalf of CVS Health between Feb 10th-Feb 28th 2022 among a national sample of 320 Healthcare Practitioners and between Feb 10-Feb 12, 2022 among a national sample of 2,210 Adults. The interviews were conducted online and the data were weighted to approximate a target sample based on age, gender, educational attainment, race, and region.