

Addressing Mental Health Disparities Using Telemental Health in Pediatric Primary Care

INTRODUCTION

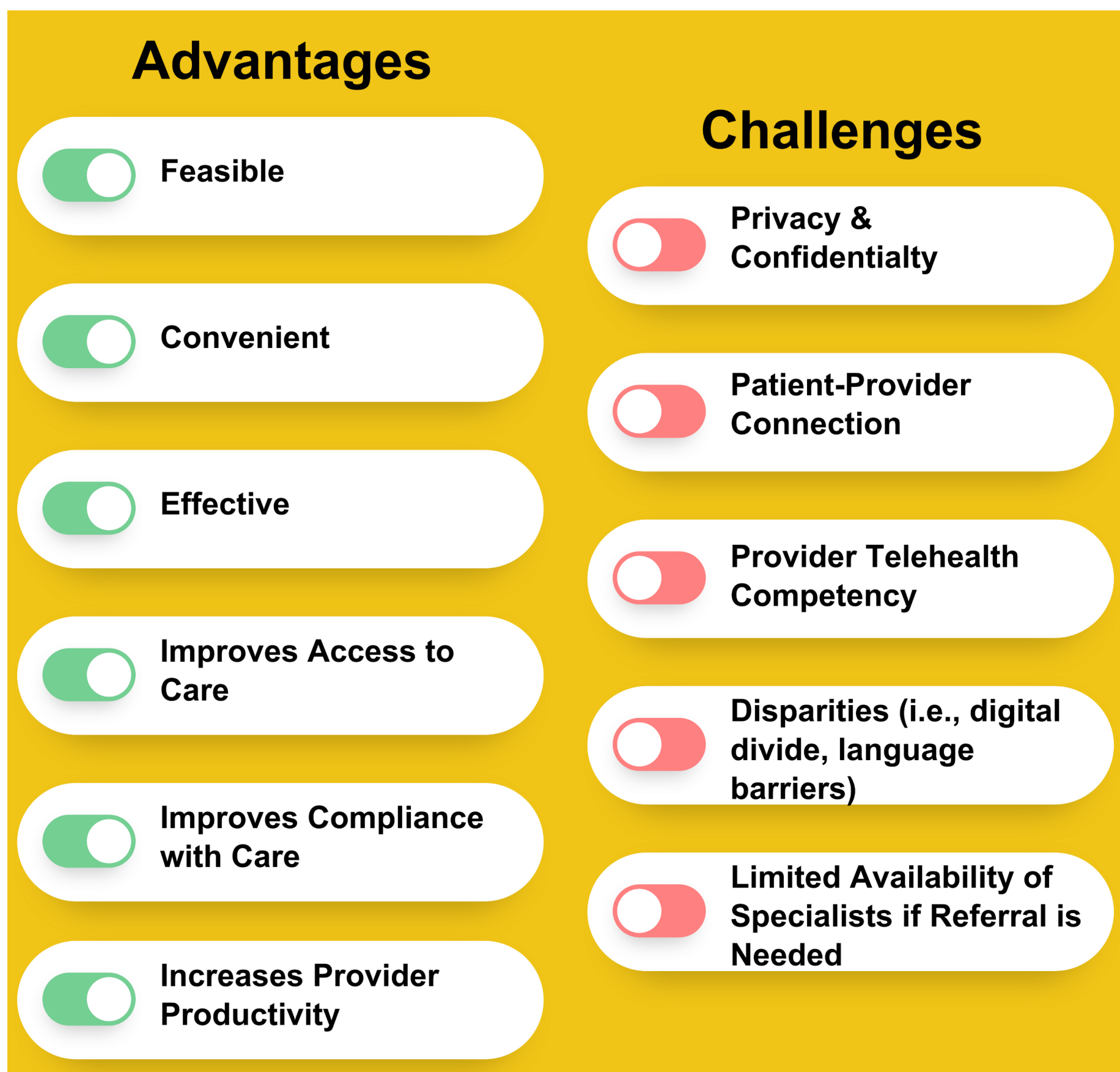
- Youth mental health crisis:
 - Escalating mental health conditions
 - Low treatment rates
 - Persistent disparities
- An estimated 50% of pediatric primary care visits address behavioral health issues.
- Urgent demand for innovative and comprehensive healthcare solutions.
- The integration of telemental health in pediatric primary care is promising for:
 - Diagnostic assessment
 - Psychotherapy
 - Psychopharmacology
 - Care management

METHODS

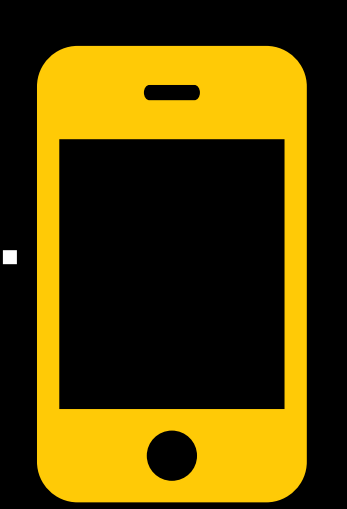
- A comprehensive narrative review synthesizing existing evidence on telemental health in pediatric primary care.
- Databases: CINAHL, MEDLINE, and APA PsychInfo.
- Content analysis was utilized to identify main themes in the literature.

RESULTS

Figure 1. Advantages and Challenges of Telemental Health in Pediatric Primary Care



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SCAN to download references and relevant resources!