Addressing Mental Health Disparities Using Telemental Health in Pediatric Primary Care

INTRODUCTION

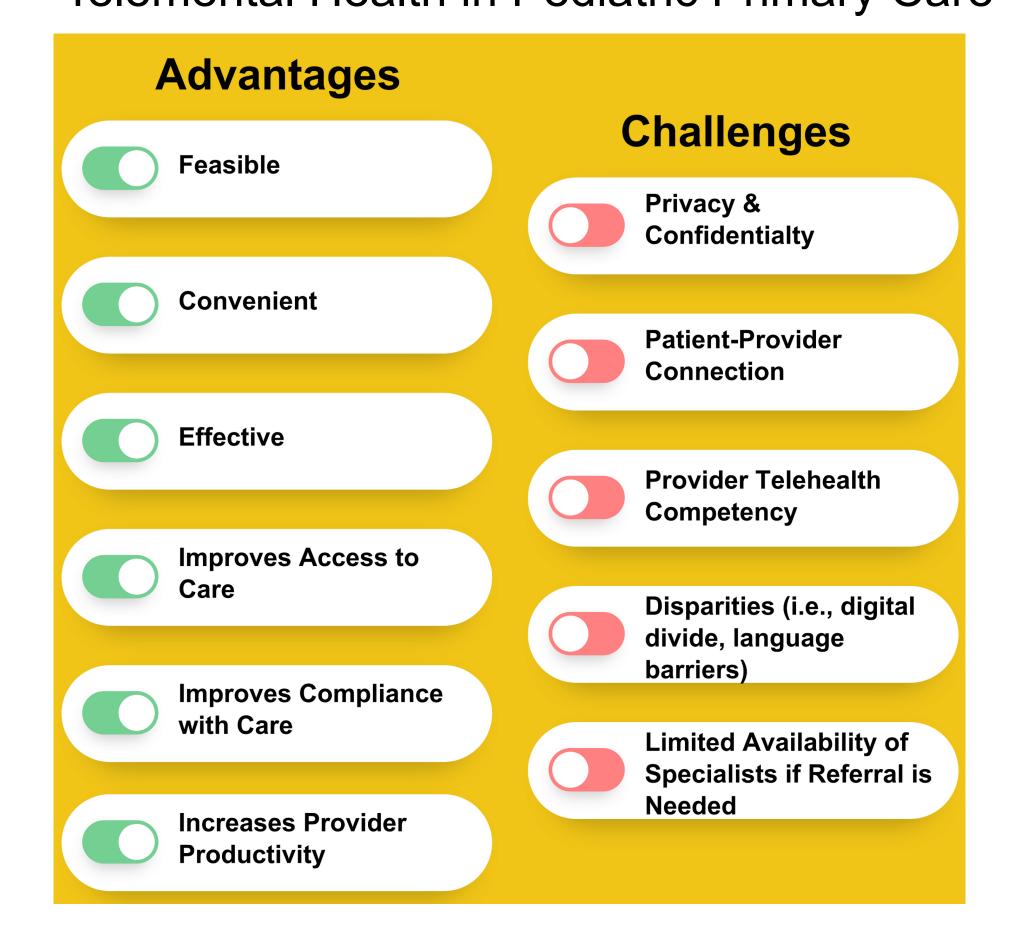
- Youth mental health crisis:
 - Escalating mental health conditions
 - Low treatment rates
 - Persistent disparities
- An estimated 50% of pediatric primary care visits address behavioral health issues.
- Urgent demand for innovative and comprehensive healthcare solutions.
- The integration of telemental health in pediatric primary care is promising for:
 - Diagnostic assessment
 - Psychotherapy
 - Psychopharmacology
 - Care management

METHODS

- A comprehensive narrative review synthesizing existing evidence on telemental health in pediatric primary care.
- Databases: CINAHL, MEDLINE, and APA PsychInfo.
- Content analysis was utilized to identify main themes in the literature.

RESULTS

Figure 1. Advantages and Challenges of Telemental Health in Pediatric Primary Care





Documentation

Provider knowledge of documentation requirements

Telemental health consent forms

Insurance benefits, credentialing, approval

Policies

Individualized practice policies

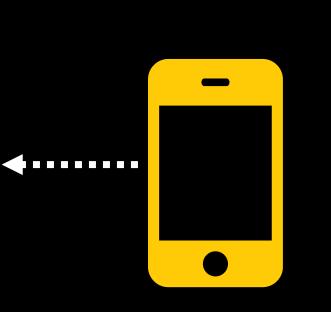
Consistency amongst telehealth providers

Patient awareness of telemental health use and misuse/compliance with care





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SCAN to download references and relevant resources!